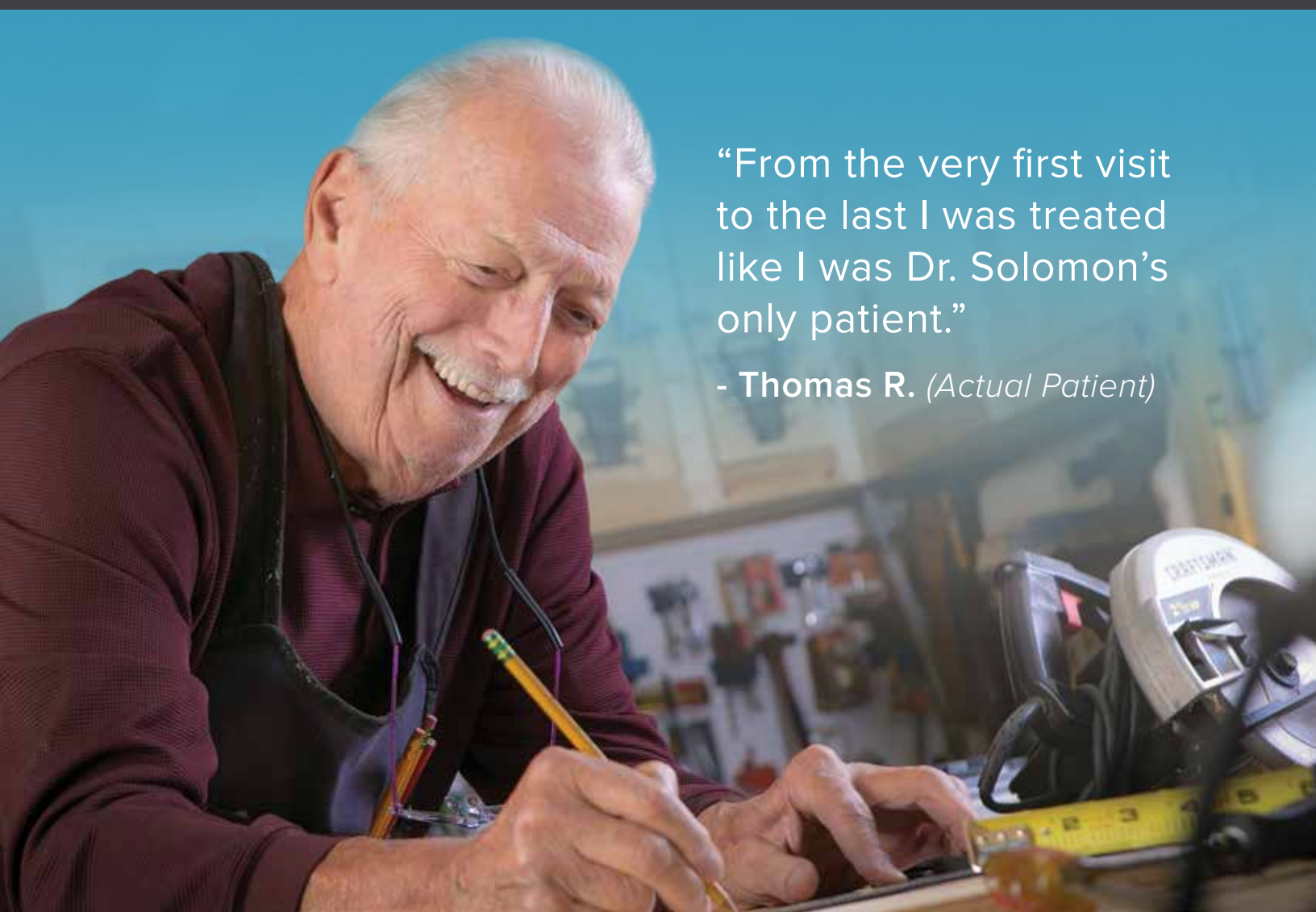




KERRY SOLOMON, MD



“From the very first visit to the last I was treated like I was Dr. Solomon’s only patient.”

- Thomas R. *(Actual Patient)*

**Your Cataract Procedure**

# Procedure Information

Thank you for trusting your vision to the skilled and caring hands of Dr. Kerry Solomon and his team. We are dedicated to making your experience a comfortable one. As a leader, innovator and educator in the field of ophthalmology, Dr. Solomon regularly trains and educates other physicians and industry leaders at our surgery center. As a patient of Dr. Solomon, you benefit from the new technology he is training other doctors to use.

During your procedure, you may hear Dr. Solomon talking and teaching about the new and exciting technologies/ techniques he is utilizing. He has been training industry colleagues and physicians for many years, and we want to reassure you that Dr. Solomon is providing you his most undivided attention. We respect your comfort and privacy. If you prefer not to have visitors present during your procedure, please inform us and we will be happy to accommodate your request.

**To help ensure you understand the cataract procedure, we provide each patient with this comprehensive information packet. Please bring this folder to each appointment.**

## Important Dates:

### RIGHT EYE / LEFT EYE

Your **surgery** is scheduled for: \_\_\_\_\_

**We will call to notify you of your check in time the day before your procedure.**

Your **one-day appointment** is scheduled for: \_\_\_\_\_ at \_\_\_\_\_

at our office in:  Mt. Pleasant  West Ashley  Summerville

### RIGHT EYE / LEFT EYE

Your **pre-op appointment** is scheduled for: \_\_\_\_\_ at \_\_\_\_\_

at our office in:  Mt. Pleasant  West Ashley  Summerville  North Charleston

Your **surgery** is scheduled for: \_\_\_\_\_

**We will call to notify you of your check in time the day before your procedure.**

Your **one-day appointment** is scheduled for: \_\_\_\_\_ at \_\_\_\_\_

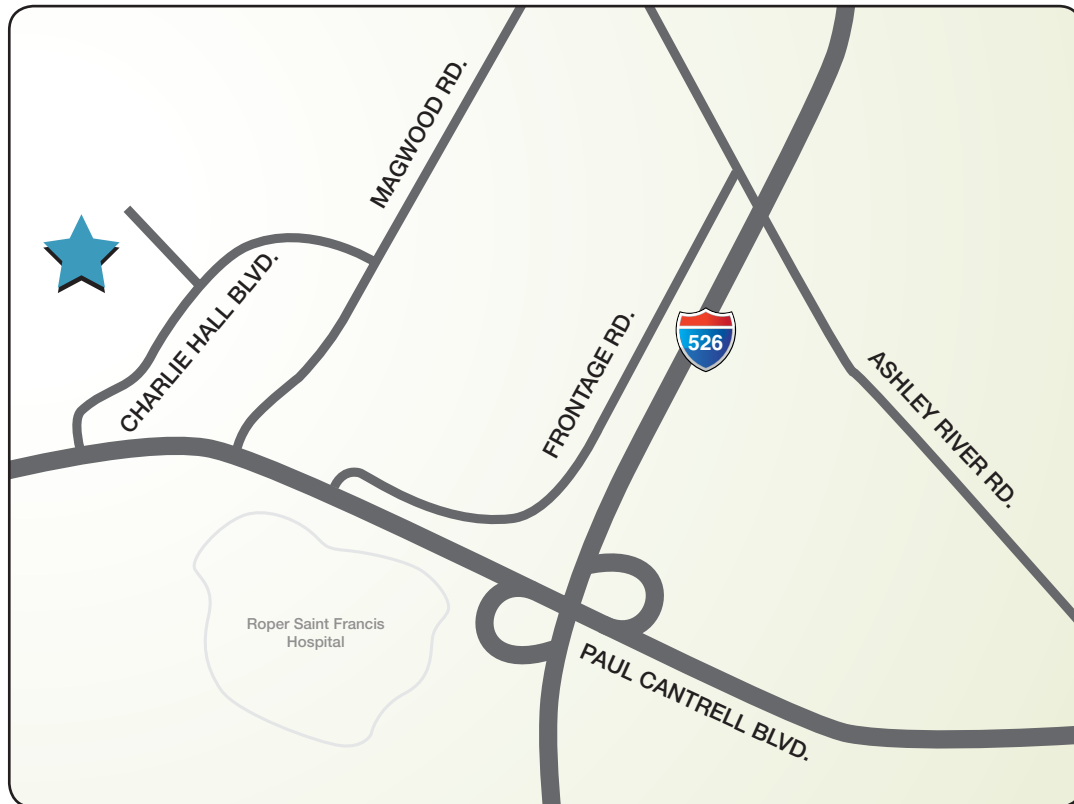
at our office in:  Mt. Pleasant  West Ashley  Summerville

*Your surgery will take place at The Physicians' Eye Surgery Center in West Ashley.  
Map is located on the inside flap of this booklet.*

# The Physicians' Eye Surgery Center

*Charleston's only physician-directed eye surgery center.*

(843) 571-4800 • 2060 Charlie Hall Blvd. • Suite 301 • Charleston, SC 29414



## Directions

### From I-26:

- Take I-26 (toward Savannah) to I-526 (toward Savannah)
- Exit 11-B (Hospital exit)
- Turn right at the first street (Magwood)
- Turn left onto Charlie Hall Blvd.
- Turn right at Essex Medical Park (5th driveway on right)
- The Physicians' Eye Surgery Center is located in the 3rd building on the left, Suite 301

### From Hwy. 17-S:

- Take I-526 toward North Charleston/Mt. Pleasant
- Exit 11-B (Hospital exit)
- Turn right at the first street (Magwood)
- Turn left onto Charlie Hall Blvd.
- Turn right at Essex Medical Park (5th driveway on right)
- The Physicians' Eye Surgery Center is located in the 3rd building on the left, Suite 301

### From Hwy. 61, coming from Summerville:

- Turn right on Magwood
- Turn right on Charlie Hall Blvd.
- Turn right at Essex Medical Park (5th driveway on right)
- The Physicians' Eye Surgery Center is located in the 3rd building on the left, Suite 301

# Preparing for Your Cataract Procedure

## Eye Drops

- ✓ Begin following your eye drop schedule. These drops will help prevent infection and aid in the healing process.

## Cleaning Your Eye

- ✓ Use eyelid scrubs 2 times a day (morning and night) for three days prior to your surgery on the eye that will be undergoing the procedure. This will help to prevent infection. You can use a warm cloth with baby shampoo, or you can buy eyelid scrubs at any drugstore.

## THE NIGHT BEFORE YOUR PROCEDURE

- ✓ To help prevent nausea and vomiting, DO NOT eat or drink anything after midnight.

## THE MORNING OF THE PROCEDURE

See important instructions for this morning on the eye drop schedule.

- Use eye drops as instructed.
- Take morning medications (only if instructed to do so).
- Wear loose-fitting, short-sleeved clothing.
- DO NOT wear jewelry or makeup.
- DO NOT bring any money or valuables with you.
- Make sure an adult driver is available to stay with you during the procedure, take you home following the procedure and will be available for the next 24 hours, if needed.
- Bring all medications you are currently taking.
- Bring your medical insurance ID cards with you.
- Check in at The Physicians' Eye Surgery Center at your scheduled time.

## DURING YOUR CATARACT PROCEDURE

Most cataract procedures are performed under topical or local anesthesia and numbing eye drops. Although you may feel slight pressure during the procedure, you should not experience any discomfort or pain.

If you feel any pain or become nauseated during the procedure, let the physician or nurse know so they can make you more comfortable.

Following the procedure, you will spend a short period of time in the recovery area. It is important that you keep your post-operative checkup appointment scheduled for the next day.

## WHAT TO EXPECT AFTER YOUR PROCEDURE

You may experience discomfort for a few days following your procedure, and can take Tylenol for relief. If you are allergic to Tylenol, please use what you would normally take for a headache.

Your vision may be slightly blurred for up to two to four weeks following the procedure, as your eye recovers.

Your eye may appear slightly red; this will gradually clear during the first few days after the procedure. You may also notice that your pupil (the black part of your eye) is smaller than the pupil of the other eye. This is normal. The pupil will slowly return to its normal size within two days after the procedure.

### Call our office immediately if you experience any of these symptoms following your procedure:

- A sudden decrease in vision
- Persistent pain that is not relieved by Tylenol
- Severe eye pain
- Increased redness of the eye
- Increased discharge from the eye

### **(843) 881-EYES (3937)**

When calling this number after office hours, ask the operator to page the doctor on call.

# Following Your Cataract Procedure

## GENERAL POST-OPERATIVE INSTRUCTIONS

Properly caring for your eye after your procedure is important to the healing process, so keep the following instructions in mind.

### For the first week following the procedure:

#### Be sure to...

- Take normal tub baths or showers
- Wear the eye shield (provided in your care kit) while sleeping, to protect your eye
- Wear your own glasses and/or the sunglasses (provided in your care kit) while you are awake

### For the first week following the procedure:

#### Avoid...

- Rubbing your eyes and any unnecessary hand-to-eye contact
- Getting shampoo or water in your eye
- Getting sweat in your eye
- Performing lawn work
- Engaging in strenuous activity
- Playing contact sports
- Lifting anything weighing more than 20 pounds
- Wearing makeup for 2 weeks
- Swimming for 2 weeks, or scuba diving for 1 month after the procedure

## Eye Drops

Begin to follow the instructions on the eye drop schedule.

## Post-Operative Appointment

You will be asked to come to the office for a short follow-up visit on the day after the procedure.

Approximately 2 to 4 weeks after your procedure, we will check your glasses and possibly dilate your eyes, so please arrange to have another adult available to drive you home.

## Important Phone Numbers:

### Dr. Kerry Solomon's Office

(843) 881-EYES (3937)

(888) 849-EYES (3937)

Our office is open from 8:30 a.m. to 4:30 p.m., Monday through Friday.

After hours, we are available by telephone with responsive assistance and support.

Call our office to:

- Schedule or reschedule an appointment or procedure
- Ask questions about medication or for a refill
- Speak with our Surgery Coordinator
- Report significant changes in your vision or health prior to your procedure
- Report any problems after your procedure

**A separate bill is sent to your insurance company from both AAOC and PESC for your surgery. Please call them directly at the numbers below for any insurance questions and information on deductibles and copayment.**

### Physicians Eye Surgery Center

(843) 571-4800

### Anesthesia Associates of Charleston

(843) 723-3441

Please call if:

- You need information about anesthesia
- You have insurance-related questions regarding anesthesia services



**KERRY SOLOMON, MD**

**Call (843) 881-3937**

**DrKerrySolomon.com**



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CAROLINA EYECARE PHYSICIANS

**(843) 881-3937 • DrKerrySolomon.com**

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